



## Important! Notification Regarding Allergy/Choking Concerns

As needed, it is the responsibility of any subscribing organization to complete & provide this Notification Form on a timely basis to My25/Mainstay, Inc. Email to: [amy@my25.com](mailto:amy@my25.com) and copy [menuchange@my25.com](mailto:menuchange@my25.com).

If we do not receive Notification, we assume no menu modification is necessary regarding these concerns.

**Please complete 1 (one) Notification Form per setting re: allergy and/or choking concerns requiring menu modification.**

**If you have previously provided Notification for this house, we ask that you include ongoing (even if the same foods as previously indicated) and any new food restrictions here.**

Together, we're ensuring the safety and well-being of people supported and elevating quality and compliance management throughout your organization as a whole. This Notification pertains to concerns/responsibilities regarding menus and resident allergies and choking potential (such as peanut butter and encased meats, but not limited to these items). We request that the information below is completed and agreed to by an authorized person in a leadership position within your organization.

### Please complete all asterisked (\*) items.

- Date\*:
- Organization Name\*:
- House Name\*:
- The following ingredients **should be eliminated** from My25 menus due to allergy and/or choking concerns\*:
  - For . . .  
All residents—the whole house (answer “yes” or “no”) \*:  
**OR**  
The following resident(s) only (provide resident initials)\*:
- Reason (specify allergy and/or choking concern)\*:
- Authorized & Agreed to by (name of person)\*:  
(see “**AGREEMENT**” below)
- Date\*:

### AGREEMENT

This Notification is a result of concerns about allergies and/or potential choking. We understand that it is our agency's responsibility to communicate this information to My25/Mainstay, so menus can be adjusted for safety reasons. We further understand that My25/Mainstay will only eliminate these ingredients from the noted house menus once we receive confirmation from My25/Mainstay indicating receipt and acceptance of this Notification. We further understand it is our organization's responsibility to provide any update/change to this Notification via email to: [amy@my25.com](mailto:amy@my25.com) and copy [menuchange@my25.com](mailto:menuchange@my25.com).

## Thank You!

**Please Note re ICFs: We restrict peanut butter and encased meats for ICF menus until you Authorize otherwise.**

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