



BACON

Here's how to cook four slices of turkey or pork bacon in the microwave oven.



- _____1. Get paper towels.
Get microwave safe plate.
Get bacon.



- _____2. Put 2 paper towels (stacked)
on to plate.



- _____3. Separate bacon slices.



- _____4. Put bacon on to paper towels.



_____5. Wash and dry hands.



_____6. Cover bacon with paper towel.



_____7. Open microwave. Put plate in.



_____8. Close microwave.



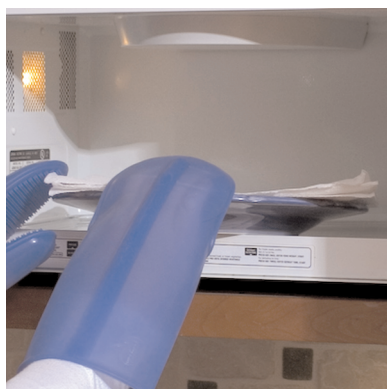
_____ 9. Set microwave for full power – 3 minutes. Start.



_____ 10. Open microwave.



_____ 11. Put on potholders.



_____ 12. **Careful!** Take plate out of microwave.



_____13. Close microwave.



_____14. Take off potholders.



BACON

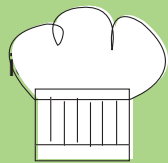
Here's how to cook four slices of turkey or pork bacon in the microwave oven.

Use in salads, as an ingredient in another dish, and as a side dish.

It's good to know these particulars:

Because microwave oven temperatures vary, you may find that you need less or more cooking time than noted in *step 9* to get the bacon just the way you like it.

- _____ 1. Get paper towels. Get microwave safe plate. Get bacon.
Get paper towels, a clean, microwave safe plate and a package of turkey bacon or pork bacon.
- _____ 2. Put 2 paper towels (stacked) on to plate.
Put two sheets of paper towels on to the plate by stacking one on top of the other.
- _____ 3. Separate bacon slices.
Using your fingers, pull apart and peel off four bacon slices.
- _____ 4. Put bacon on to paper towels.
Put the four bacon slices, side by side, on to the paper towels on the plate.
- _____ 5. Wash and dry hands.
Wash and dry your hands to get rid of the grease from the bacon.
- _____ 6. Cover bacon with paper towel.
Put another paper towel over the four slices of bacon to cover them.
- _____ 7. Open microwave. Put plate in.
Open the microwave oven door.
Put the plate into the microwave oven.
- _____ 8. Close microwave.
Close the microwave oven door.



- _____ 9. Set microwave for full power – 3 minutes. Start.
Set the microwave oven cook timer for three minutes at full power.
Start the microwave oven.
- _____ 10. Open microwave.
Open the microwave oven door.
- _____ 11. Put on potholders.
Put the potholders on to your hands.
- _____ 12. **Careful!** Take plate out of microwave.
Using your hands, carefully take the plate with the bacon out of the microwave oven and put it on to a safe surface.
- _____ 13. Close microwave.
Close the microwave oven door.
- _____ 14. Take off potholders.
Take the potholders off of your hands.