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Name of provider is taking an important next step toward health leadership excellence, so we can help people supported enhance their quality and length of life through positive, preventive health actions.

We **are partnering or would like to partner** with My25. My25 is one of the only solutions—as a result of their respected team of preventive health, disease management, nutrition, human services industry, and culinary professionals (including a full-time chef graduate from one of the top culinary schools in the U.S. and long experienced at working with people with disabilities and supporting staff)—facilitating person-centered choice and substantially improved health for people supported via robust mealtime resources. My25 programs span the U.S. across 30 states in partnership with proactive, forward thinking human services provider organizations.

Because food is the key driver behind preventive health for most anyone, My25 focuses on eating the right foods in the right amounts, subscribing to moderation versus deprivation and the Dietary Guidelines for Americans. Our partnership with My25 centers on customizing menus for each household based on food likes/dislikes, dietary needs, and the routines of each setting. No two settings have the same menu, and menus are refreshed every 35 days to reflect the season and celebrations on the calendar. Favorite, personal recipes from staff, people supported and family can be included in the My25 menus!

To be clear . . . My25 doesn't supply food. They deliver weekly content in the form of menus, grocery shopping lists, recipe prep steps, and education and engagement resources centered on nutrition, preventive health, enjoyment of life, and independent living skills development. Many of their multi-media resources are available to our entire constituency (that means families, guardians, and case managers, too—many of whom report improving their own health, as a result).

My25's Support team is in regular communication with staff (and consumers and family members if they would like!) regarding questions, guidance, and ways to tweak menus to address evolving food preferences and improving health status whether needing to gain, maintain, or lose weight. As health improves, people supported are much more likely to engage in enhanced physical activity and embrace community, socialization, and job opportunities with greater frequency and success. All goals we are committed to furthering.

There is increased attention being paid to the costly, out-sized poor health of people with disabilities that is now being demonstrated as changeable via improved nutrition. Human services providers, including **name of provider**, will be held accountable for the health status of the people we support. We are proactively going the extra mile by choosing a partner—My25—that adheres to person-centered choice and has an impressive track record of success.

You can learn more at the My25 web site at: www.my25.com and through My25's web-based/mobile-optimized engagement/education Portal of multi-media resources, available on-demand and in 81 languages, at: www.my25elevate.com.

We hope you are as excited as we are by **name of provider's** commitment to health leadership excellence and the directions we're moving in as an innovative, progressive organization on behalf of the vital people we support.